

S**Saddle Anaesthesia**

Loss of feeling around the buttocks and groin

P**Pain**

Severe nerve pain in the back and/or down one or both legs

I**Incontinence**

Inability or difficulty urinating and/or moving bowels

N**Numbness**

Lack of sensation and/or weakness in the legs

E**Emergency!!**

Any of the above symptoms could be a sign of cauda equina – please contact your GP or A&E department immediately